

Calgary and Area Regional Collaborative Service Delivery e-Newsletter

A number of this month's listings are targeted at children, youth, and families. Our data confirms that parents, caregivers, and guardians spend significant amounts of time searching for additional services. As you read through this newsletter, please consider if there are any opportunities or resources that you could share with the families you support.

And don't forget, it is daylight savings time this weekend! Turn your clocks ahead one hour at 3:00 am on Sunday, March 10th.

Upcoming Opportunities

Children's Brain Development in Autism Spectrum Disorder

Research Study

University of Calgary

For children aged 3 to 6 with a diagnosis of Autism Spectrum Disorder. Participation involves one to two visits to the Alberta Children's Hospital where your child will play some simple computer games and watch a movie of their choice. You will be asked some questions about your child.

Children will receive a small gift as a 'thank you' for participation.

Click [here](#) for more information and or to participate.

Why Reading Matters

Webinar/Presentation

March 13th, 2019 11:00 am – 12:30 pm

In this session you will learn about the literacy landscape in Canada, what current research says we need to be doing to support children to become successful readers, and how to develop a reading culture in your home, school, or organization.

Click [here](#) for more information and click [here](#) to register.

Understanding the Impact and Pathways of Intergenerational Trauma and Resiliency on the Mental Health and Wellness of First Nations Peoples in Canada

Webinar

March 13th, 2019 9:00 am

The health and wellness of Indigenous peoples in Canada continue to be impacted by the intergenerational consequences of harmful government policies, such as the Residential School system.

This webinar uses population data to examine the link between residential schools, with current day mental health and resiliency among First Nations peoples in Canada.

Click [here](#) for more information and click [here](#) to register.

School Mental Health: Equipping Schools and Communities to Support Student Mental Health

Conference

March 17 – 20th, 2019 Banff, AB

This conference will highlight both the challenges and opportunities of school mental health, with an emphasis on identifying practical implications for mental health professionals, educators, administrators, and researchers. Leading experts will provide up-to-date research findings in plenary addresses. In addition, workshops will emphasize skill development and specific strategies from a range of evidence-based programs and practices.

Click [here](#) for more information and click [here](#) to register.

8th International Meeting on Indigenous Child Health

Conference

March 22nd – 24th, 2019

Designed for community members, researchers, academics, and clinicians, the International Meeting on Indigenous Child Health is dedicated to the health and wellbeing of First Nations, Inuit, Métis, American

Indian, Alaska Native, and other Indigenous children and youth in North America and around the world. The 2019 conference features leaders in Indigenous Health discussing some of the most pressing issues currently facing children and youth.

Click [here](#) for more information.

Families in Canada Conference 2019

Conference

March 27 – 28th, 2019 Ottawa, ON

The Vanier Institute of the Family will host the Families in Canada Conference 2019 – a national, pan-Canadian conference with simultaneous satellite regional conferences co-hosted by university partners across Canada. This unique and inclusive series of events will bring together diverse leaders from across the country who study, serve, and support families in Canada for two days of knowledge-sharing and catalytic conversation.

Click [here](#) for more information.

Family Managed Supports

Workshop

March 28th, 2019

Family Managed Supports are services funded by the PDD Program that include: Community Access Supports, Employment/Recreation and Respite, and Residential Supports. The focus for this workshop is youth aged 17 to 21.

Click [here](#) to register.

Connection to Change: Evolution, Innovation, and Activism in Social Work

Conference

April 4 – 6th, 2019 BMO Centre Calgary, AB

This year marks the 50th anniversary of the recognition of the social work profession through legislation in our province. Are you curious about some of the innovative practices that have been developed in field of Social Work? Early Bird pricing is in effect until March 14th, and registration closes March 28th.

Click [here](#) for more information and click [here](#) to register.

Families: The Heart of Community

Conference

April 5 – 6th, 2019 Edmonton, AB

Inclusion Alberta's annual Family Conference is back with speakers, workshops, and connections to help build your knowledge and leadership for community inclusion and family and self-advocacy. The president's reception, family celebration dance, and youth forum are part of the weekend too!

Click [here](#) for more information and to register.

SibShops

Workshop

April 6th, 2019

This workshop is for typical siblings aged 9 to 12 who have a sibling with special needs. Siblings get the opportunity to enjoy interactive activities, obtain peer support, and celebrate the contributions they make to their families in an educational and recreational context.

Click [here](#) for more information and to register.

Principles and Practices of Early Intervention for Families with Young Children Who are Deaf or Hard of Hearing by Dr. Cheryl DeConde Johnson

Full-Day Presentation

April 17th, 2019

CNIB Calgary

This event will review the basic components of early intervention as outlined in the Joint Committee on Infant Hearing, looking at preferred practices and data on what parents have identified as their needs. Using the present Alberta context, the day will include discussion around family centered early intervention, how to support the family decisions, and promoting practices towards positive outcomes.

Click [here](#) for more information and to register.

SPARK Communication™

Workshop

May 1st – 2nd 8:30 am – 4:30

This is a licensing workshop which culminates in gaining the license to use the SPARK coaching methodology and the accompanying resources. Full attendance is required for licensing.

Click [here](#) for more information and to register.

The Gingerbread Way – Level 1

Class

May 10th, 2019

Attendees will be introduced to oral rhymes, songs, finger plays, finger puppets, books, and oral storytelling, contextualized within the domains of the Early Development Instrument (EDI). Participants will explore ways to adapt the practice of these materials to support specific ages, multicultural groups, skill sets, and curricula. Level 2 is scheduled for June 24th, 2019.

Click [here](#) for more information.

AAC Everywhere

Program – Save the Date

April 13th, 27th, May 4th, 11th, and 15th, 2019

This program is for parents and their children who use an Augmentative or Alternative Communication (AAC) system like an iPad with a communication app, NovaChat, Accent, or PODD Communication Book to communicate. It is based on fun community outings for the children and their parents while they work on their AAC skills and make more AAC-user friends! Opportunities will be provided for parents to ask questions, learn new ways to support their child's communication, and to connect with parents of other AAC-users.

Click [here](#) for more information and to register.

Dr. Christine Roman Cortical Vision Impairment: New Research and Updates

Two-Day Workshop

May 14 – 15th, 2019 9:00 am – 3:30 pm

This two-day workshop will explore the several areas of cortical visual impairment (CVI) including: an overview of CVI, the latest research and insights into CVI, its development, progression, the importance of early intervention, common diagnostic issues, how to integrate the CVI interventions and supports across routines of the day, and more.

Click [here](#) for more information and to register.

Experiences Canada Forum: Diversity and Inclusion

Youth Exchange

June 29th – July 6th, 2019

The Youth Leadership Forum will offer youth from across Canada the opportunity to lead and be part of an intensive week-long experience exploring issues of diversity and inclusion to be held in the Greater Toronto Area from June 29th – July 6th, 2019. The week-long leadership forum will offer youth mentorship and hands-on volunteer experiences, along with the opportunity to work together, guided by creative industry professionals, to present ideas and solutions for personal action to younger elementary school aged children in a half-day Youth Forum that they design and produce.

Click [here](#) to register and click [here](#) for more information.

Excel Campus Prep

Program – Sinneave Foundation

July 15th – 19th, 2019 + 2 other options

Excel Campus Prep is a five-day summer course for individuals with autism who are planning to enroll in a post-secondary program after graduating high school. The program is intended for individuals aged 16 and older who can be independent in the community for up to 30 minutes (without an aide).

Click [here](#) for more information and plan to attend the information session on March 12th to register.

Teens Talk Transition

Workshop

September 17th, 2019 and other dates

This program was created in partnership with youth and young adults to be suitable for teens aged 14 to 18 who are living with one or more long term health conditions. Teens are encouraged to bring a similarly-aged peer for support (e.g., sibling, friend, or cousin). A simultaneous workshop will be held for parents at the same location so they can support their children in developing medical management and advocacy skills.

Click [here](#) to register for evening dates and click [here](#) for morning dates.

Different Dreams Retreat for Moms of Children with Special Needs

Retreat

November 8th, 2019 9:30 am – 3:00 pm

Connect and share with other parents in a relaxing atmosphere. Explore your emotional responses to raising a child with special needs, participate in wellness activities throughout the day, and end celebrating your love for your child and experiencing the joy of serving as your child's best support.

Click [here](#) for more information and to register.

Resources and General Information

Guideline for the Management of Medically Complex Children and Blueprint for Complex Care

Resources

See below for the summary infographic.

Click [here](#) to download the full report from CAPHC and click [here](#) to download the full report.

Depression and Anxiety Self-Management for Teens

Resource by Alberta Health Services

Click [here](#) to download the document. A survey about the resource is also available, [here](#).

Brain Child with Dr. Nicole Letourneau and Maternal Mental Health and Social Support

Podcasts by Krista Poole

Owerko has a mandate to share information with the community and CanLearn has a goal to share current research in plain language with families. Hence the Brain Child Podcast series was started. Now with over 15,000 followers!

Click [here](#) to access the interview and click [here](#) to access the research support episode.

Policy Reports and Research

Guidelines for Supporting Students with Type 1 Diabetes in Schools

The purpose of this guide is to provide information on how schools and/or school authorities, parents/guardians, healthcare professionals and community service providers can work together to support children and students with Type 1 diabetes in school and during school activities. This document works in conjunction with existing policies, programs and resources provided by Alberta Education, Alberta Health and Alberta Health Services.

Click [here](#) to download the guidelines.

Please take a moment to forward this eNewsletter to your colleagues and encourage them to sign up at: <http://www.CalgaryandAreaRCSD.ca/news-and-events/newsletter-signup/>. We send out an eNewsletter once a month between September and June with reviewed information relevant to everyone who works together for children and youth.



Are you in high school and considering enrolling in a post-secondary program when you graduate? Did you take a gap-period after graduating and are now thinking about continuing your studies?

We invite you to check out this summer course opportunity to start you on your path to success!

2019 Summer Course Options:

Option 1 - Monday, July 15 to Friday, July 19th (9:30 am to 3:30 pm)

Option 2 - Monday, July 29 to Friday, August 2nd (9:30 am to 3:30 pm)

Option 3 - Monday, August 12 to Friday, August 16th (9:30 am to 3:30 pm)

Maximum participants per course: 12

Cost: \$125 per person*

* Registration cost is partially subsidized by The Sinneave Family Foundation. If additional financial assistance is required please contact us.

What is it?

Excel Campus Prep is a five-day summer course for individuals with autism who are planning to enrol in a post-secondary program after graduating from high school. Post-secondary programs can include degree, diploma, certificate, vocational or other training programs.

This course will provide an orientation and onsite tour of several campuses in Calgary including the **University of Calgary, Mount Royal University, SAIT, Alberta University of the Arts** (formerly ACAD), and **Bow Valley College**.

Excel Campus Prep is intended for individuals aged 16 and over who can be independent in the community for up to 30 minutes (without an aide). Participants will be expected to bring or buy their own lunch on campus at the food court. Participants will also be responsible for arranging their own transportation to and from each campus.

Topics to be covered include:

- Post-secondary readiness and program options
- Academic and career planning
- Stress and time management
- Effective communication and group work
- Navigating to and around campus
- Campus supports and accessibility services
- Recreational and club opportunities on campus

How to Apply

Information Session for Students and Parents

Tuesday, March 12th (7:00 pm to 8:00pm) at The Ability Hub (Suite 300, 3820 – 24th Ave, NW)

Free parking is available when you register for this session online. Details about how to apply for the course will be provided at the session.

Excel Campus Prep is an initiative of The Sinneave Family Foundation

For more information, email info@sinneavefoundation.org or call 403-210-5000.



www.sinneavefoundation.org